

Instructions to Earn 1 Unit for Attending Sessions:

- 1.Fill Out the Form: Complete the form linked below to indicate the sessions you attended. You can choose the sessions that interest you most.
- 2.Meet the Hour Requirement: To qualify for 1 unit, you must complete a total of 12.5 hours of session attendance and related work. You may round up to the nearest half hour, meaning your 45-minute session can count as 1 hour.
- 3.Submit the Form: After completing your selected sessions, submit this form to the Seesaw Connect Unit Course. Once you do that, you will receive a certificate of completion.
- 4.Send Certificate to the University: Submit your certificate to the University of San Diego by December 31, 2025, and pay the \$79 fee to receive your official unit credit.

Date	Session Title	# of Hours (Round up the nearest half hour)	Certificate Link (You will need to download the certificate you receive from Big Marker, the platform we use for Seesaw Connect, and upload it to a file-sharing service. Make sure to open settings so anyone can view. Paste the link of your certificate in this column.)	Reflection (2 sentences minimum)

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